

NORTH SALEM WEEKLY WINTER ATHLETIC SCHEDULE 2008-2009

	MONDAY 1/05	TUESDAY 1/06	WEDNESDAY 1/07	THURSDAY 1/08	FRIDAY 1/09	SATURDAY 1/10	SUNDAY 1/11
Boys Varsity Basketball Coach – Henry Sassone	2:30-4:30 HS	3:00-4:15 HS	4:30-6:30 MS	Tournament: Blind Brook vs. Hamilton – 5:00 / NS vs. Roosevelt – 7:00	2:30-4:15 HS	Tournament: Consolation – 3:00 Championship–7:00	No Practice
Boys JV Basketball Coach – Chris Regan	2:30-4:30 HS	Vs. Somers 6:00	4:30-6:30 MS	3:00-4:30 HS	2:30-4:15 HS	No Practice	No Practice
Boys Modified Basketball Coach – John Davis Eric Pechenko	Vs. Pawling 4:15	At Haldane HS 4:15 Bus lvs. 3:00	3:00-4:30 MS	Vs. Dover 4:15	No Practice	No Practice	No Practice
Girls Varsity Basketball Coach - John Lauro	4:30-6:30 HS	4:30-6:30 MS	Vs. Tuckahoe 4:30	3:15-5:15 PQ Shuttle lvs. 3:00	Tournament: Pelham vs. Hamilton – 5:00 / NS vs. Roosevelt – 7:00	Tournament: Consolation – 1:00 Championship–5:00	No Practice
Girls JV Basketball Coach – Jordan Birdsall	4:30-6:30 HS	Vs. Mahopac 4:30	At Cedar Knolls 4:30 Bus lvs. 3:00	3:15-5:15 PQ Shuttle lvs. 3:00	3:00-4:00 MS	No Practice	No Practice
Girls Modified Basketball Coach – Bill Dahl	At Pawling MS 4:15 Bus lvs. 3:00	3:00-4:30 MS	No Practice	At Dover 4:15 Bus lvs. 3:00	Vs. Haldane 4:15	No Practice	No Practice
Varsity Bowling Coach – Neil Broderick Damien Holst	Practice at Carmel Bowl Bus lvs. 2:45	No Practice	Vs. Carmel Fishkill Bowl 3:30 Bus lvs. 2:30	Vs. RC Ketcham Fishkill Bowl 3:30 Bus lvs. 2:30	No Practice	No Practice	No Practice
Varsity Cheerleading Coach – Barbara Paesano	2:30-4:00 MS	3:15-5:15 PQ Shuttle lvs. 3:00	3:15-5:15 PQ Shuttle lvs. 3:00	Game 7:00	No Practice	Game 3:00 or 7:00	No Practice
Varsity Track Coach – Pat Glover Kate Murphy	3:00-5:00	3:00-5:00	Sprint Medley At RCC – 4:30 Bus lvs. 2:30	3:00-5:00	Coaches' Invit. At RCC – 4:30 Bus lvs. 2:30	No Practice	No Practice
Varsity Skiing Coach – Mary Sireci Heidi Cerosky	Practice at Thunder Ridge Bus lvs. 3:15	Practice at Thunder Ridge Bus lvs. 3:15	Vs. Blind Brook, Horace Greeley 4:15 Bus lvs. 3:00	No Practice	No Practice	No Practice	No Practice
Varsity Wrestling Coach – Bill Swertfager	3:00-6:00 HSOG	At Brewster 4:30	3:00-6:00 HSOG	Vs. Port Chester 4:30	3:00-6:00 HSOG	8:00-11:00 HSOG	No Practice
Modified Wrestling Coach – John Degl	3:00-4:00/5:00 HSOG	At Westlake 4:15	3:00-4:00/5:00 HSOG	At Port Chester 4:30	3:00-4:00/5:00 HSOG	At Westlake Tourn. 9:00	No Practice

Varsity Ice Hockey Coach – Mike Pontillo John Kennedy	Practice at BIA 8:55	No Practice	Practice at BIA 9:10	No Practice	At New Rochelle 6:00 Hutchinson Ice Arena Shuttle lvs. NS 2:30 Bus lvs. SHS 3:45	Vs. Fox Lane 8:50 pm BIA	No Practice
Modified Ice Hockey Coach – Paul DeLeo	No Practice	No Practice	No Practice	No Practice	At Harvey 3:30 Bus from NS directly to Harvey lvs. 2:30	No Practice	Vs. Lakeland 5:50 pm BIA

Shuttles:

John Jay – 2:30 pm (Monday-Friday)

PQ - 3:00 pm (Tuesday, Wednesday, Thursday)

Somers - 2:30 pm (Friday)

Trip ID	Activity	Destination	Depart	Return		
<u>500160</u>	Varsity Bowling	Carmel Bowl	1/5/2009 2:45 PM	1/5/2009		
<u>500168</u>	Girls Modified Basketball	PAWLING MS	1/5/2009 3:00 PM	1/5/2009		
<u>500161</u>	NSHS Var Skiing	THUNDER RIDGE SKI AREA	1/5/2009 3:15 PM	1/5/2009		
<u>500169</u>	Boys Modified Basketball	HALDANE JR/SR HS	1/6/2009 3:00 PM	1/6/2009		
<u>500164</u>	NSHS Var Skiing	THUNDER RIDGE SKI AREA	1/6/2009 3:15 PM	1/6/2009		
<u>500162</u>	Varsity Bowling	Fishkill Lanes	1/7/2009 2:30 PM	1/7/2009		
<u>500163</u>	NSHS Var Track	ROCKLAND COMMUNITY COLLEGE	1/7/2009 2:30 PM	1/7/2009		
<u>500165</u>	NSHS Var Skiing	THUNDER RIDGE SKI AREA	1/7/2009 3:00 PM	1/7/2009		
<u>500170</u>	JV Girls Basketball	Hawthorne Cedar Knolls, Hawthorne	1/7/2009 3:00 PM	1/7/2009		
<u>500166</u>	Varsity Bowling	Fishkill Lanes	1/8/2009 2:30 PM	1/8/2009		
<u>500171</u>	Girls Modified Basketball	DOVER HS	1/8/2009 3:00 PM	1/8/2009		
<u>500167</u>	NSHS Var Track	ROCKLAND COMMUNITY COLLEGE	1/9/2009 2:30 PM	1/9/2009		
<u>500172</u>	Modified Ice Hockey	Harvey School, Katonah	1/9/2009 2:30 PM	1/9/2009		