



NORTH SALEM
Central School District

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North Salem High School/Middle School Athletics

Practice/Game Scheduling Rationale

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This draft schedule is comprised of two sports seasons: Fall 2019 and Spring of 2020. The practices and games that are listed are at North Salem. This draft schedule is comprised after obtaining information from other Section I High School Athletic Directors, North Salem Coaches, and staff.

This draft schedule provides equitable access for the fall and spring teams to practice and play games on the turf field while balancing the number of home/away games per team.

Fall Teams: Varsity, JV and Modified
Girls Soccer, Boys Soccer, and Field Hockey

Spring Teams: Varsity, JV and Modified
Girls Lacrosse, Boys Lacrosse, Baseball and Softball

Below is the criteria used when formulating the draft schedule:

Varsity and JV practices and games take precedence over modified sports. Modified practices/games have been scheduled where possible. Away games are not reflected on this schedule as they do not impact the scheduling of home practice/games.

Depending on the scenario of practices/games, Varsity and JV will either practice together on a full/half of field.

Weekday games have been moved from 4:30 to a start time of 5:00pm so that practices may be schedule beforehand.

Rotation for practices early, middle, and late is used throughout the schedule.

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Practice Times

Mondays and Fridays when games are at 5:00pm.

2:30-3:30pm

3:30-4:30pm

Tuesday, Wednesday, Thursdays when games are at 5:00pm. Extra Help is 2:15-3:00pm.

3:00-4:15pm

Mondays and Fridays when there are no games.

2:30-3:15pm

3:45-5:15pm

5:15- 6:30pm

Tuesdays, Wednesdays, Thursdays when there are no games. Extra Help is 2:15-3:00pm.

3:00-4:15pm

4:15pm-5:30pm

5:30-7:00pm

A committee of coaches and staff will meet prior to each season to draft a schedule with the Athletic Department to ensure equity and balance of schedules.

Requests of night games are welcomed for each team: Varsity, JV and Modified. Examples include Senior Night and night games for all teams throughout the season.